

Kayak Crew



WALES COAST KAYAK

ABERAERON TO NEWQUAY

ROUTE MAP & DISTANCE

5 miles from Aberaeron to Newquay. About 2-3 hours paddling depending on how fast you paddle, whether you stop for lunch, etc



ABERAERON LAUNCHING/LANDING

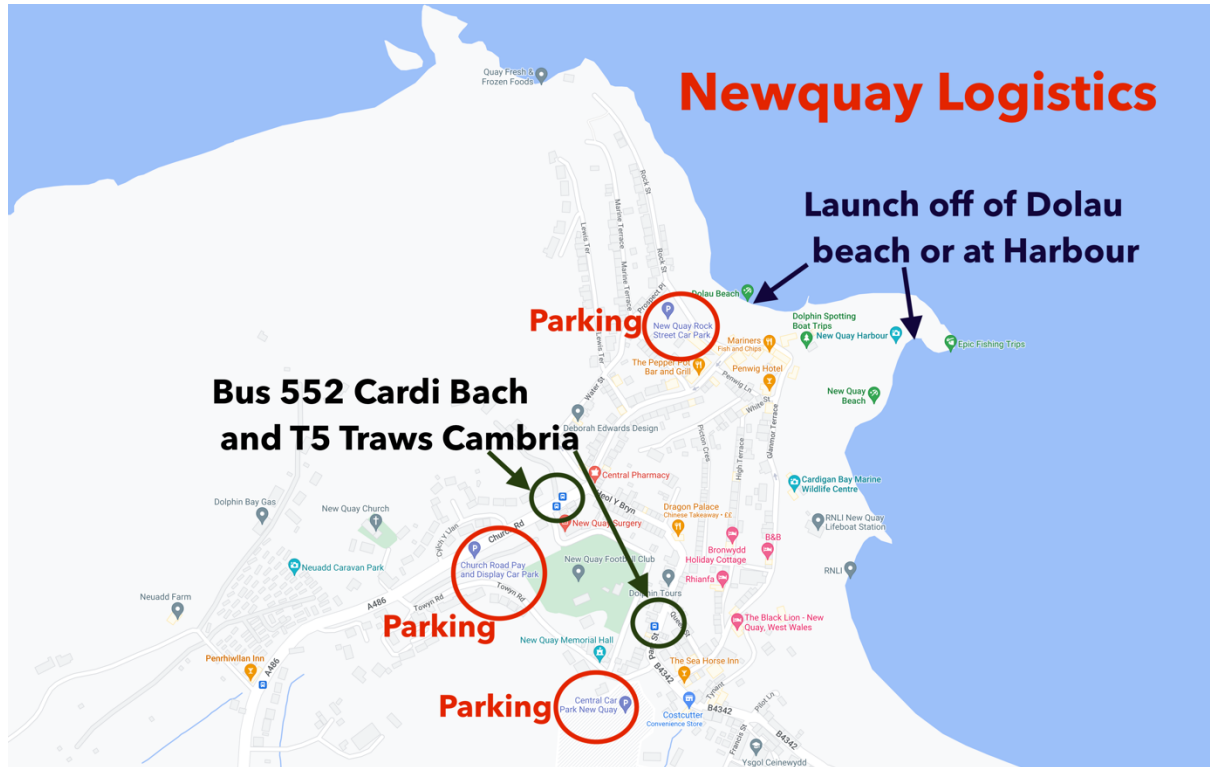
At Aberaeron, you can land or launch from the harbour itself although the water levels in the harbour can get quite low within an hour or 2 either side of low tide.



Aberaeron harbour is a nicer, more sheltered location to launch from (or land at) than the beaches.

NEWQUAY LANDING/LAUNCHING

At Newquay, you can either land (or launch) at the Harbour or at Dolau Beach just to the South of the harbour.



TRANSPORT

If you only have one car and have an inflatable kayak that you can take on the bus in its carry bag then the T5 Traws Cymru bus runs between Aberaeron and Newquay. It is a quite regular service Monday to Saturday. It stops in the main street in the middle of Aberaeron from where it's only 5 minutes' walk down to the harbour.



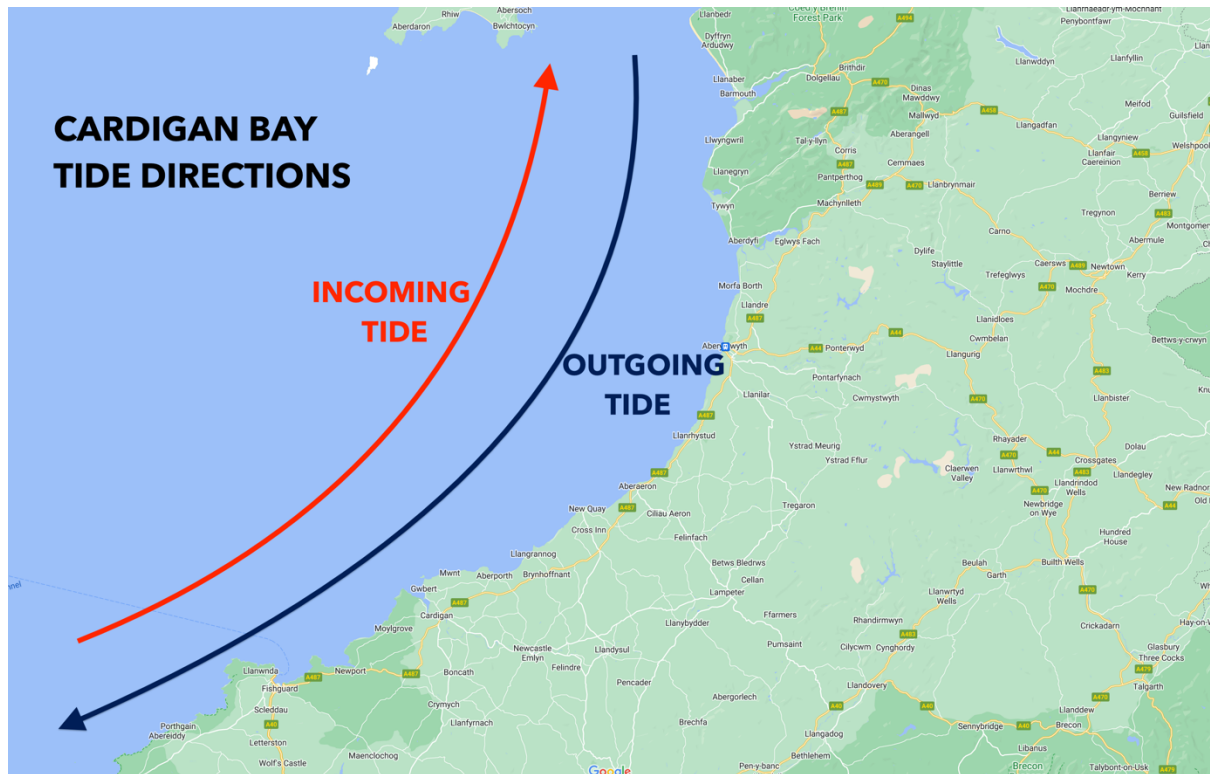
There are several taxi firms in and around both Aberaeron and Newquay since both are quite sizeable villages which are tourist hot spots.

DANGERS / ISSUES

This section of Cardigan Bay is quite sheltered and there are no tidal races or other issues that we are aware of.

Like any sea kayak, you need to check the weather and sea swell forecast before going. We usually use www.surf-forecast.com. The forecast for Aberaeron is the most relevant to this route.

While Cardigan Bay is of course tidal, the tide is nowhere near as much of an issue as it is with other section of coast we have paddled, such as the South East Wales Coast. The tide runs South to North in Cardigan Bay when it's coming in. When it's going out, it runs North to South.



The tide does make a difference and it's best to go with it if you can.

The conditions are usually preferable when the wind is under 15mph and from the South or West. We find Cardigan Bay is usually rougher when the wind is from the East (offshore) or North.

Any questions then email us on info@kayakcrew.co.uk

