

Kayak Crew

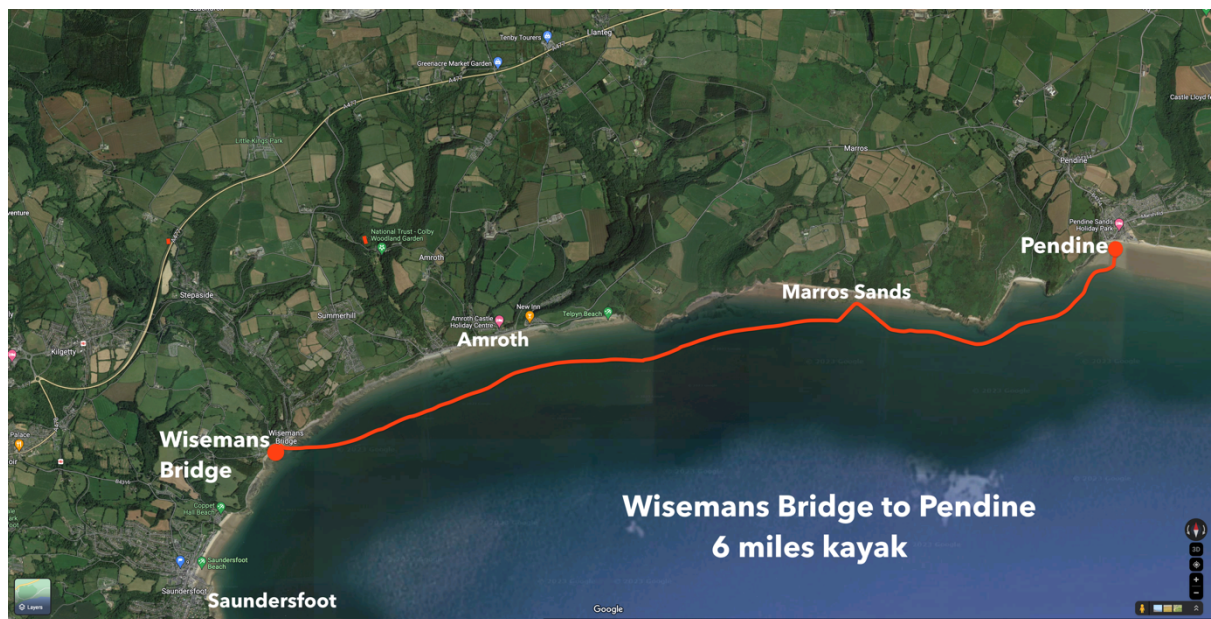


WALES COAST KAYAK

WISEMANS BRIDGE TO PENDINE

ROUTE MAP & DISTANCE

6 miles from Wisemans Bridge to Pendine. About 2-4 hours paddling depending on how fast you paddle, whether you stop for lunch, whether the tide is with you, wind direction, etc



WISEMANS BRIDGE LAUNCHING/LANDING

There are parking bays along the beachfront and also a parking area just off the beachfront road.

You can launch/land anywhere at the beach just below the Wiseman's Bridge Inn.



There are 2 bus stops on the beachfront road at Wisemans Bridge which the 351 bus stops at. If you only had one car, you could get the 351 bus which connects Wisemans Bridge with Pendine.

PENDINE LANDING/LAUNCHING

We suggest landing near to one of the 2 slipways which are handy for accessing the leaving the beach if you have kayaks.



Bus 351 stops at several bus stops in Pendine near to the beach if you wanted to use that to get back to the Wisemans Bridge.

TRANSPORT

If you only had one car, you could get the 351 bus which connects Wisemans Bridge with Pendine. The timetable for bus 351 as of April 2023 is below:

351								
Tenby - Pendine/Dinbych-y-pysgod - Pentywyn								
via Saundersfoot, Wiseman's Bridge & Amroth/trwy Saundersfoot, Wiseman's Bridge & Llanrhath								
Monday to Saturday (except Bank Holidays)				Dydd Llun i Dydd Sadwrn (ac eithrio Gwyliau Banc)				
					Sch	S&H	Sum	
Tenby/Dinbych-y-pysgod (Upper Park Road)		...	08:35	11:00	12:50	15:15	15:30	17:40
Ysgol Greenhill School		...	...	...	...	15:30	...	...
New Hedges/Llan-fair		...	08:40	11:05	12:55	15:35	15:35	17:45
Bevelin Hall		...	08:47	11:12	13:02	15:42	15:42	17:52
Sandy Hill Road		...	08:49	11:14	13:04	15:44	15:44	17:54
Stammers Road		...	08:50	11:15	13:05	15:45	15:45	17:55
Saundersfoot (Arcade/Yr Arcêd)		...	08:52	11:17	13:07	15:47	15:47	17:57
Whitlow		...	08:55	11:20	13:10	15:50	15:50	18:00
Pentlepoir		...	08:58	...	13:13	15:53	15:53	18:03
Kilgetty (opp. Co-op)/Cilgeti (gyf. Co-op)		...	09:02	...	13:17	15:57	15:57	18:07
Sardis		...	09:06	...	13:21	16:01	16:01	18:11
Wiseman's Bridge		...	09:10	11:24	13:25	16:05	16:05	18:15
Pleasant Valley		...	09:14	...	13:29	16:09	16:09	18:19
Stepaside		...	09:16	...	13:31	16:11	16:11	18:21
Summerhill		...	09:20	11:27	13:35	16:15	16:15	18:24
Amroth (Castle)/Llanrhath (Castell)		...	09:23	11:30	13:38	16:18	16:18	R
Pendine (Church)/Pentywyn (Eglwys)		...	09:33	...	13:48	16:28	16:28	R
Red Roses/Rhosyn-goch		07:15	...	...	...	...	...	...
Pendine (Beach)/Pentywyn (Traeth)		07:30	09:35	...	13:50	16:30	16:30	R

Sch: Schooldays only
S&H: Saturdays & School Holidays only
R: By request only
Sum: Summer only (Saturday before Good Friday to last Saturday in September)
Operated by **Taf Valley Coaches** (01994 240908)

Sch: Dyddiau Ysgol yn unig
S&H: Sadwrn a Gwyliau'r Ysgol yn unig
R: Ar gais yn unig
Sum: Haf yn unig (Dydd Sadwrn cyn Dydd Gwener y Grogllith i ddydd Sadwrn olaf mis Medi)
Gweithredir gan **Bysiau Cwm Taf** (01994 240908)

351								
Pendine - Tenby/Pentywyn - Dinbych-y-pysgod								
via Amroth, Wiseman's Bridge & Saundersfoot/trwy Llanrhath, Wiseman's Bridge, Saundersfoot								
Monday to Saturday (except Bank Holidays)				Dydd Llun i Dydd Sadwrn (ac eithrio Gwyliau Banc)				
					Win	Sum		
Pendine (Beach)/Pentywyn (Traeth)		07:32	09:45	...	14:00	16:30	16:50	R
Red Roses/Rhosyn-goch		...	...	...	...	16:45	...	R
Pendine (Church)/Pentywyn (Eglwys)		07:35	09:48	...	14:03	...	16:53	...
Amroth (Castle)/Llanrhath (Castell)		07:45	09:58	11:35	14:13	...	17:03	...
Summerhill		07:48	10:02	11:39	14:17	...	17:07	...
Stepaside		07:50	10:05	11:42	14:20	...	17:10	...
Pleasant Valley		07:53	10:08	11:45	14:23	...	17:13	...
Wiseman's Bridge		07:57	10:11	11:48	14:26	...	17:16	...
Sardis		08:01	10:15	...	14:30	...	...	...
Kilgetty/Cilgeti (Co-op)		08:05	10:18	...	14:33	...	...	...
Pentlepoir		08:09	10:22	...	14:37	...	...	...
Whitlow		08:11	10:26	11:52	14:41	...	17:20	...
Saundersfoot (Arcade/Yr Arcêd)		08:13	10:28	11:54	14:43	...	17:22	...
Stammers Road		08:15	10:30	11:56	14:45	...	17:24	...
Sandy Hill Road		08:16	10:31	11:57	14:46	...	17:25	...
Bevelin Hall		...	10:33	11:59	14:48	...	17:27	...
New Hedges/Llan-fair		08:20	10:40	12:06	14:55	...	17:33	...
Tenby (South Parade)/Dinbych-y-pysgod (Rhodfa'r De)		08:28	10:45	12:10	15:00	...	17:38	...

R: By request only
Sum: Summer only (Saturday before Good Friday to last Saturday in September)
Win: Winter only (Monday after the last Saturday in September to Friday before Good Friday)
Operated by **Taf Valley Coaches** (01994 240908)

R: Ar gais yn unig
Sum: Haf yn unig (Dydd Sadwrn cyn Dydd Gwener y Grogllith i ddydd Sadwrn olaf mis Medi)
Win: Gaeaf yn unig (Dydd Llun ar ôl y dydd Sadwrn olaf ym mis Medi i ddydd Gwener cyn dydd Gwener y Grogllith)
Gweithredir gan **Bysiau Cwm Taf** (01994 240908)

DANGERS / ISSUES

Tides

We always use [Tidetimes.org](https://www.tidetimes.org) to check the tide times before go kayak a coastal or estuarine route. We suggest you use the Tenby tide times for this route.

Note that stretch of coast at Pendine is more tidal and 'estuarine' than the coastline around Wisemans Bridge. This means that if you land or launch at Pendine more than say 3 hours before/after high tide then you may have quite a walk from the water's edge to the top of the beach.

The tide runs from East to West when going out and from West to East when coming in on this section of coast, as with almost all of the South Wales coastline.



We have included Caldey Sound tidal trace, Pendine firing range and also the estuaries of Carmarthen Bay on the above map but they do not directly affect the Wisemans Bridge to Pendine route.

The tide does make a big difference on this route and we'd recommend going with the tide, whether you go from Pendine to Wisemans Bridge or vice versa. You could go against the tide but it would be a lot slower going, especially on the Eastern section of the route towards Pendine.

Sea Conditions

We always use www.surf-forecast.com to check and weather, tide times and sea conditions before any of our sea kayaks.

This is a relatively sheltered section of coastline but we suggest not getting too far from the shore on the Pendine end of the route since Carmarthen Bay can be subject to some strong currents. As long as you stay less than a quarter of a mile out then this ought not be an issue.

Any questions then email us on info@kayakcrew.co.uk

