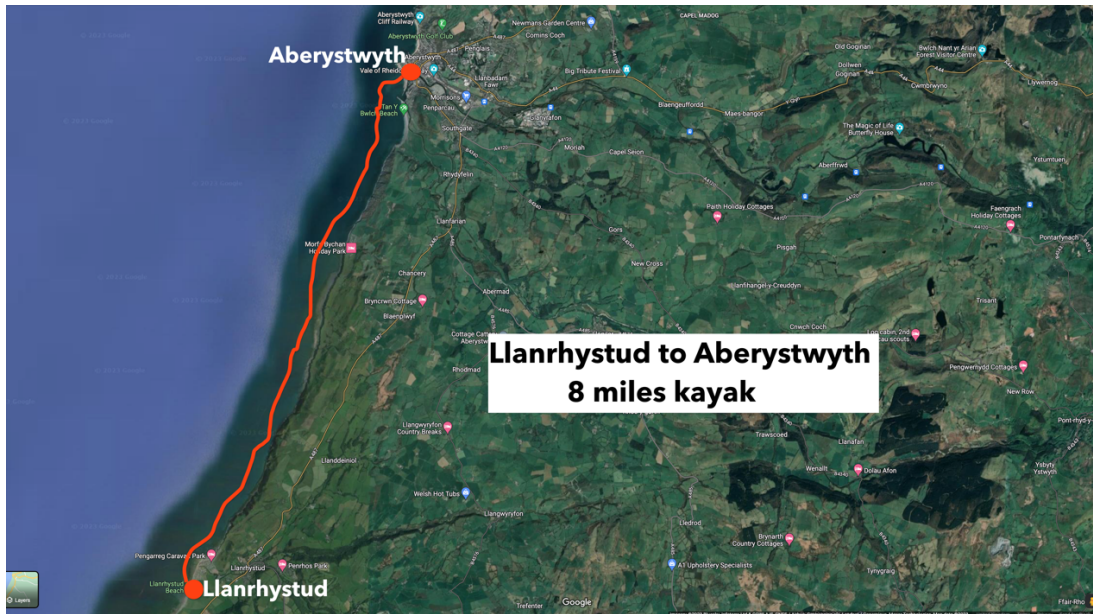




WALES COAST KAYAK LLANRHYSTUD TO ABERYSTWYTH

ROUTE MAP & DISTANCE

8 miles from Llanrhystud to Aberystwyth.



Map of the 8 miles route

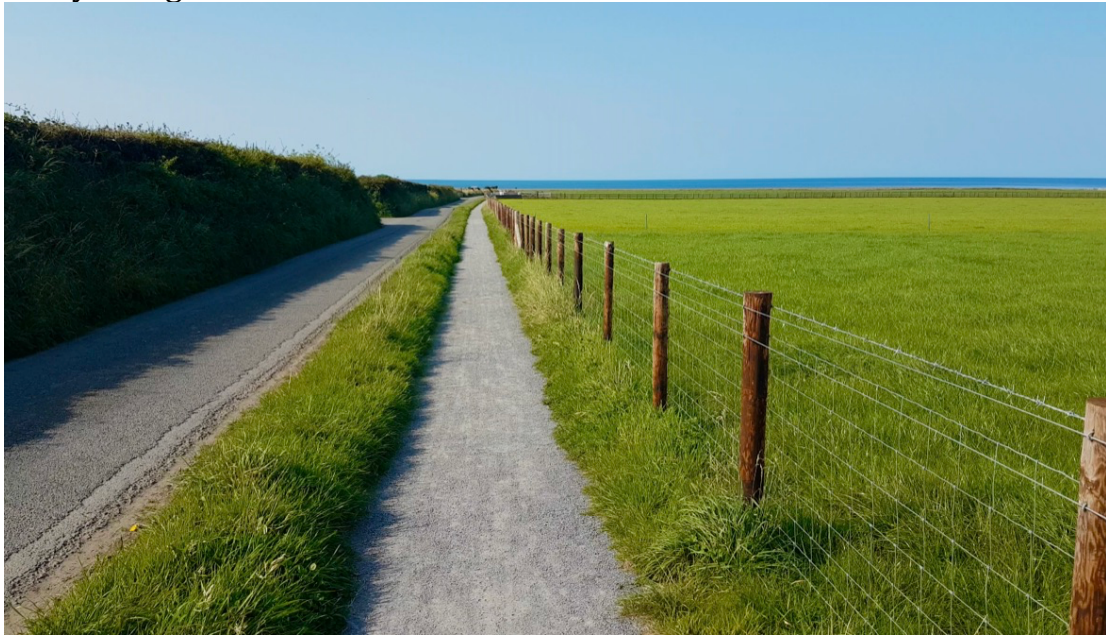
LLANRHYSTUD LAUNCHING/LANDING

At Llanrhystud, the beach is about 2/3 of a mile down a road from the village, so if you use the bus, you will need to carry/wheel your kayak down this road to the beach.



Llanrhystud beach is about 2/3 of a mile from Llanrhystud

The road down to Llanrhystud beach is quite narrow but there is a gravel walkway alongside it.



The road from Llanrhystud down to the beach

You can park at the free car park at Llanrhystud beach.

ABERYSTWYTH LANDING/LAUNCHING

At Aberystwyth, I landed at the South beach but you could equally land at the North beach which makes the journey about $\frac{3}{4}$ mile longer.

Parking easier on the South beach, where there is more longer term parking. At the time of this guide, parking on the North beach was usually more restricted and it tends to be quite busy.



TRANSPORT

If you only have one car then you can get the T1 Traws Cambria bus which runs hourly from from Aberystwyth to Llanrhystud (and vice versa).

You can also get the T5 Traws Cambria bus from Aberystwyth to Llanrhystud (or vice versa) and this runs every 1-2 hours.

DANGERS / ISSUES

As with any sea kayak, you need to check the weather and sea swell forecast before going.

We usually use www.surf-forecast.com which is linked below.

If you create a free account with surf-forecast.com then you can view the forecast for an extended period ahead. We generally only go sea kayaking if the 'Wave Height & Direction' indicator is under about 0.8 meters and the wind is less than about 20 knots. The best conditions tend to be when the wind is from the South or West since the sea is usually calmer then.

While Cardigan Bay is of course tidal, the tide is nowhere near as much of an issue as it is with other section of coast we have paddled, such as the South East Wales Coast. The tide runs South to North in Cardigan Bay when it's coming in. When it's going out, it runs North to South.

If you are landing at/launching from the North Beach at Aberystwyth instead of the South Beach then note that there is a rocky outcrop on the South side of Aberystwyth Pier which goes out a few hundred meters.



If you have any questions then email us on: info@kayakcrew.co.uk