

Kayak Crew



WALES COAST KAYAK

MEWSLADE/RHOSSILI TO PORT EYNON

ROUTE MAP & DISTANCE

5.5 miles from Mewslade to Port Eynon. About 3 hours paddling depending on how fast you paddle, whether you stop for lunch, etc



Note, the longer and maybe better route is from Rhossili to Port Eynon, which is about 7.5 miles long and would take about 4 hours paddling.



MEWSLADE/RHOSSILI LAUNCHING/LANDING

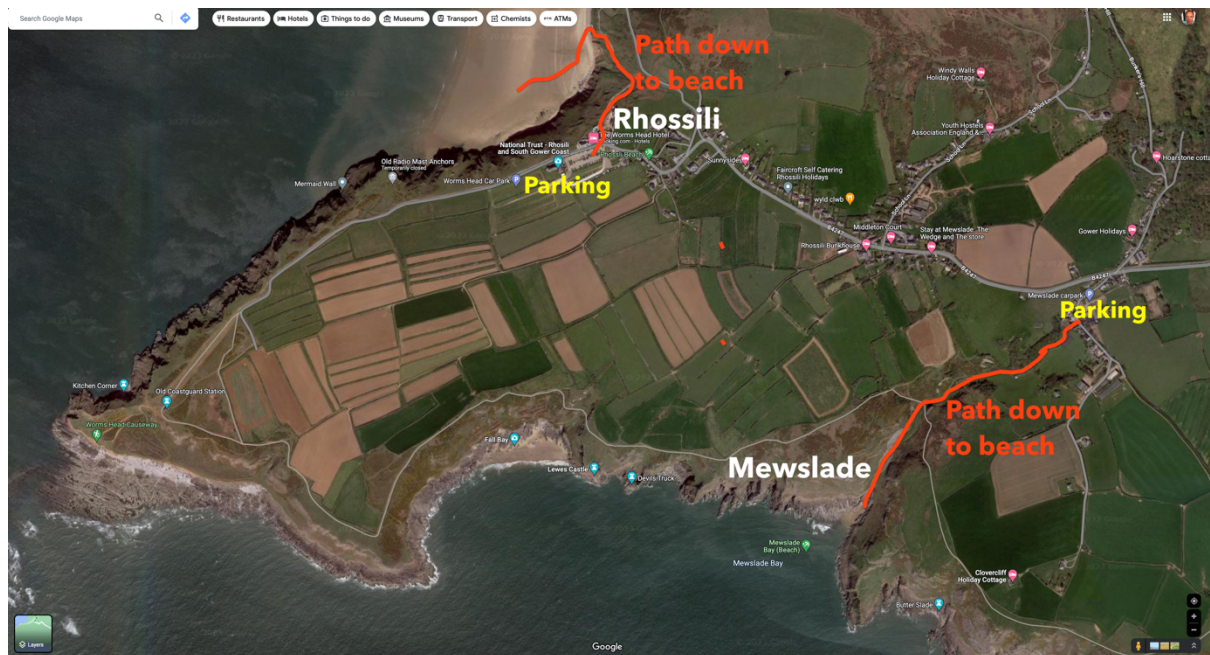
At Mewslade, you launch/land at the small beach which is about 2/3 of a mile down a path from the car park at Mewslade.



Tariffs to park at Mewslade (as of August 2022) are on the below photo.



if you are landing/launching at Rhossili instead of Mewslade, then you can park at the pay and display National Trust car park next to the Worms Head Hotel. You do have to go about 300 meters down a path to Rhossili beach but the far Southern end of the beach is fairly sheltered place to land/launch from even if the rest of the beach has large breakers sweeping in.



PORT EYNON LANDING/LAUNCHING

At Port Eynon, you can park in the large National Trust car park not far from Port Eynon beach.



TRANSPORT

If you only have one car then there is a bus 118 between Port Eynon and Rhossili which you could use to do the longer route between Rhossili and Port Eynon.

DANGERS / ISSUES

Tides and Weather

As with any sea kayak, plan ahead using weather and sea swell forecasts. We use Surf-Forecast.com. The tide tends to run down the end of the Gower when going out and up the coast when coming in due to the effect of the nearby Loughor Estuary just to the North.

Worms Head

This is only an issue if you do the longer paddle from Rhossili to Port Eynon (or vice versa). In this case, you will have to paddle the channel between Worms Head and Rhossili which has a tidal race which can run fast and become rather rough other than about 90 minutes either side of high tide.



When the tide is coming in, it runs quite fast Northwards through this channel. When it's going out, it runs quite fast Southwards through this channel.



you need to take care when paddling off of Port Eynon Point if the tide is going out since it then runs straight out to Carmarthen Bay to the West.



Any questions then email us on: info@kayakcrew.co.uk